

EAST MEATH AMENITY HUB

SEA SWIMMING PROGRAMMES



PROGRAMME	AGE	VENUE	DATES	DURATION	TIME	Register
Junior 3 (confident sea swimmers)	6-12 years	Bettystown Beach	Monday 15 th – Friday 19 th July	5 days	09:30-10:00am	joinin.online Shop
Adult 1 (new to sea swimming)	18+	Bettystown Beach	Monday 15 th – Friday 19 th July	5 days	10:00-10:30am	joinin.online Shop
Adult 2 (building confidence)	18+	Bettystown Beach	Monday 15 th – Friday 19 th July	5 days	10:30-11:15am	joinin.online Shop
Teen 1 (new to sea swimming)	12 – 17 years	Bettystown Beach	Monday 15 th – Friday 19 th July	5 days	11:15-11:45am	joinin.online Shop
Adult 1 (new to sea swimming)	18+	Bettystown Beach	Monday 29 th July – Friday 2 nd August	5 days	10:00-10:30am	joinin.online Shop
Adult 2 (building confidence)	18+	Bettystown Beach	Monday 29 th July – Friday 2 nd August	5 days	10:30-11:15am	joinin.online Shop
Teen 1 (new to sea swimming)	12 – 17 years	Bettystown Beach	Monday 29 th July – Friday 2 nd August	5 days	11:15-11:45am	joinin.online Shop
Teen 2 (building confidence)	12 – 17 years	Bettystown Beach	Monday 29 th July – Friday 2 nd August	5 days	11:45am – 12:15pm	joinin.online Shop



Enquiries & registrations to Una
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